



5 5 7 5 8 5 7 5 8 5 8

T  
A  
B

#5 - down 5, up 3

8 5 8 5 5 8 5 7 5 8 5 7 5 7 5 7 5 7 5

T  
A  
B

5 7 5 7 5 7 5 7 5 8 5 7 5 8 5

T  
A  
B

Once you have mastered these at speed (try to get to at least 170bpm!), begin coming up with your own sequences.